

Hamza Alduraidi, RN, MPH, Ph.D

Associate Professor in Public/Community Health Nursing



Associate Professor

Community Health Nursing Department

School of Nursing, The University of Jordan,
Amman, Jordan (sabbatical leave)

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Education

1. **Ph.D.** Doctorate of Philosophy in Nursing. The University of California San Francisco (UCSF); 2013-2016.
2. **M.Sc.** Master of Science in Advanced Practice Public Health Nursing; The University of California, San Francisco (UCSF); 2011-2013.
3. **G.H.M.** Global Health Minor. University of California, San Francisco; 2011-2013.
4. **M.P.H.** Master of Science in Public Health; The University of Jordan, School of Medicine; 2008-2010.
5. **B.Sc.** Bachelors of Science in Nursing; The University of Jordan, School of Nursing; 2004-2008.

Research Products

Doctoral Dissertation

- Alduraidi, H. (2016). **Social Determinants of Health-related Quality of Life in Palestinian Refugees in Jordan**. Available online at: <https://escholarship.org/uc/item/2b03k1f8#main>

Peer-Reviewed Publications

1. Alduraidi, H., Waters, C. (2017). **Health-related quality of life of Palestinian refugees inside and outside camps in Jordan**. *Nursing Outlook*; 65(4):436- 443. doi: 10.1016/j.outlook.2017.05.007.
2. Alduraidi, H., Waters, C. (2018). **Depression, Perceived Health and Right-of-Return Hopefulness of Palestinian Refugees**. *Journal of Nursing Scholarship*;50(2):163-171. doi: 10.1111/jnu.12363
3. Saleh, Z. T., Elshatarat, R. A., Alhurani, A. S., Maharmeh, M., Salami, I., Alduraidi, H., & Alasad, J. (2018). **Perceptions related to cardiovascular disease and physical activity behavior in Arab men: A qualitative study**. *The Journal of Acute & Critical Care*; 47(4):345-350. doi: 10.1016/j.hrtlng.2018.04.009.
4. Bani Younis, M., Hayajneh, F., & Alduraidi, H. (2019). **Effectiveness of using eye mask and earplugs on sleep length and quality among intensive care patients: A quasi- experimental study**. *International Journal for Nursing Practice*; 25(3): e12740. doi: 10.1111/ijn.12740.

5. Saleh, Z. T., Lennie, T. A., Alhurani, A. S., Almansour, I. M., Alduraiddi, H., & Moser, D. K. (2019). **High Dietary Sodium Intake is Associated with Shorter Event- Free Survival in Patients with Heart Failure and Comorbid Diabetes.** *Journal of Clinical Nursing Research*; 30(2):154-160. doi: 10.1177/1054773819888743.
6. Abdel Razeq NM, Alduraiddi H, Halasa SN, Cuttini M. (2020). **Clinicians' Self- Reported Practices Related to End-of-Life Care for Infants in NICUs in Jordan.** *Journal of Obstetric Gynecology & Neonatal Nursing.* 49(1):78-90. doi: 10.1016/j.jogn.2019.11.005.
7. Saleh ZT, Lennie TA, Darawad M, Alduraiddi H, Elshatarat R, Almansour I, Moser DK (2020). **The health outcomes of inflammation and obesity in patients with heart failure.** *Heart & Lung*; 49(6), 896-901. doi: 10.1016/j.hrtlng.2020.05.010.
8. Alduraiddi H, Dardas LA, Price M. (2020). **Social Determinants of Resilience Among Syrian Refugees in Jordan.** *Journal of Psychosocial Nursing and Mental Health Services.* 58(8):31-38. doi: 10.3928/00989134-20200624-04.
9. Alduraiddi H, Saleh ZT, Hamdan-Mansour A (2020). **Socio-demographic Predictors of Perceived Health among Syrian Refugees in Jordan.** *Medico-Legal Update.* 21(1), 287-291.
10. Alduraiddi, H., Hamaideh, S., Hamdan-Mansour, A. (2021). **Determinants of personal social capital among Syrian refugees: comparison of inside and outside camps residence.** *Mental Health and Social Inclusion*; 26 (1), 66-74.
11. Alduraiddi, H., Aqel, A., Saleh, Z., Almansour, I., & Darawad, M. (2021). **UNRWA's role in promoting health outcomes of Palestinian refugees in Jordan: A systematic literature review.** *Public Health Nursing.* 38(4): 692-700.
12. Abu-Hammad O, Alduraiddi H, Abu-Hammad S, Alnazzawi A, Babkair H, Abu-Hammad A, Nourwali I, Qasem F, Dar-Odeh N. (2021). **Side Effects Reported by Jordanian Healthcare Workers Who Received COVID-19 Vaccines.** *Vaccines (Basel)* 1;9(6):577.
13. Alnaimat F, Mansour AT, Alduraiddi H, Al-Qasem S, Hindi M, Rawashdeh T, Hassan E, Alm Mustafa S, Hanbali R, Ababneh O. (2021). **Clinical and technical determinants of positive temporal artery biopsy: a retrospective cohort study.** *Rheumatology International*; 41(12):2157-2166.
14. Al-Kuran O, Al-Mehaisen L, Alduraiddi H, Al-Husban N, Attarakih B, Sultan A, Othman Z, AlShárat S, AlHilali S, Alkouz N, Alibrahim N, AlMusallam W. (2021). **How prevalent are symptoms and risk factors of pelvic inflammatory disease in a sexually conservative population.** *Reproductive Health*; 18(1):109.
15. WO Younis, H Alduraiddi, RS Zeilani, AM Hamdan-Mansour (2022). **Status and correlates of attitudes towards end-of-life care among nursing students.** *Nursing Practice Today* 9 (2), X-X
16. M Al-Hussami, M Darawad, H Alduraiddi, E Al Ateeq, M El-Hneiti, ... et al. (2021). **Effectiveness of an education intervention to strengthen faculty members' research productivity: a quasi-experimental study.** *SN Social Sciences* 1 (5), 1-13
17. Hamdan-Mansour, A. M., Thultheen, I. N., Alduraiddi, H., Hamaideh, S. H., BaniHani, M., & Hamdan-Mansour, R. A. (2022). **Relationship Among Depression, Psychological Distress, and Sleep Disturbances Among Older Persons with Chronic Illness.** *Aging Medicine and Healthcare.* doi:10.33879/AMH.XXX.2021.10104 [In Press]
18. Darawad, M. W., Shawashi, T. O., Al Duraidi, H., & Nofal, B. (2022). **Osteoporosis education: Evaluation of an awareness program among female university students.** *International Journal of Orthopedics & Trauma Nursing*, 45, 100926.
19. Ryalat, S., Alduraiddi, H., Al-Ryalat, S. A., Alzu'bi, M., Alzyoud, M., Odeh, N., & Alrawabdeh, J. (2022). **Attitudes towards COVID-19 Booster Vaccines, Vaccine Preferences, Child Immunization, and Recent Issues in Vaccination among University Students in Jordan.** *Vaccines*, 10(8), 1258.
20. Al-Taher, R., Daradkeh, H. T., Hadadin, H., Obiedat, A., Hijazein, Y., Hijazein, L.,

- Obiedat, S., Hadadin, Y., Al Manasra, A., Alduraidi, H. & Juweid, M. (2022). **Children with Hirschsprung disease in a developing country: A cohort study of the predictors of a positive rectal biopsy result.** *Medicine*, 101(46), e31601.
21. Alduraidi, H. (2022). **Mental health services should acknowledge and respect refugee social and cultural values to increase update/use.** *Evidence-Based Nursing*.
 22. Ahmed, E. A., Alkhaldi, S. M., Alduraidi, H., Albsoul, R. A., & Alhamdan, M. Z. (2023). **Quality of life of mothers and fathers of children with autism spectrum disorder in Jordan.** *Clinical Practice and Epidemiology in Mental Health: CP & EMH*, 19.
 23. Ghazzawi, H. A., Amawi, A. T., Alduraidi, H., Juweid, M., Alhawari, H. H., Al-Abbadi, M. A., ... & AlNemer, L. S. S. (2023). **The preventable effect of taekwondo sport among cadets and junior' Bone Mineral Density: DEXA Assessment.** *Children*, 10(1), 170.
 24. Almaani, N., Juweid, M. E., Alduraidi, H., Ganem, N., Abu-Tayeh, F. A., Alrawi, R., & Hawwari, T. (2023). **Incidence trends of melanoma and nonmelanoma skin cancers in Jordan from 2000 to 2016.** *JCO Global Oncology*, 9, e2200338.
 25. Alnaimat, F., Alduraidi, H., Alhafez, L., Abu Raddad, L., Haddad, B. I., Hamdan, M., ... & Afifi, F. U. (2023). **Rates, patterns, and predictors of complementary medicine use among patients with musculoskeletal diseases.** *Plos one*, 18(6), e0287337.
 26. Juweid, M., Alselaibi, D., Abandeh, H., Al-Ibraheem, A., Al-Qasem, S., Albtoush, O., Al-Hawajreh, L., Doudeen, R., Abujbara, M., Hyassat, D., Khawaja, N., Hadadin, H., Hijazein, Y., Alduraidi, H., Ajloun, K. (2023). **Degenerative lumbar changes have a statistically significant but small effect on trabecular bone score (TBS)-adjusted fracture risk (FRAX).** *Medicine*, 102(47), e36082.
 27. Momani, A. M., Alduraidi, H., & Zaghmouri, A. (2023). **"Safety and security are everything": a qualitative study on the quality of life of Syrian refugees living in Za'atari camp.** *International Journal of Migration, Health and Social Care*, 19(3/4), 407-416.
 28. Alduraidi, H., Al Karmi, F., Mustafa, A., Alzu'bi, M., Odeh, N., Alrawabdeh, J., & Alzyoud, M. (2024). **The Impact of War Trauma and Housing Environment on Mental Wellbeing of Syrian Refugees in Jordan: A Comparison between In-Camp and Urban Populations.** *Issues in Mental Health Nursing*, 45(2), 186-195.
 29. Shudifat, R., Algunaameyn, A., Mahasneh, D., Al-Oran, H., Alduraidi, H., & Shosha, G. A. (2024). **Nursing students' perceptions of the qualities of clinical instructors in a public university in Jordan: A qualitative study.** *Belitung Nursing Journal*, 10(4), 481-489.
 30. Alduraidi, H., Tarazi, A., Theeb, L. and AlKasaji, M. (2024), **Knowledge, Attitudes, and Practices Toward Breast Cancer and Breast Cancer Screening Among Arab Females in the Middle East: A Literature Review.** *Public Health Nurs.* <https://doi.org/10.1111/phn.13447>

Conference Proceedings:

- The Second Annual Meeting and International Conference of Consortium for Research in Political Theory (CRIPT) Ankara, Turkey (2018). Abstract: **Social Determinants of Health among Syrian Refugees Residing Inside and Outside Camps in Jordan** (page 60). Published at <https://www.politeia.center/publications>.

Academic Activities

Courses Taught

- Statistical Methods for Health Research (second Critical Care Nursing Masters students), The University of Jordan, 2024-2025.
- Biostatistics (first year medical students) Aqaba Medical Sciences University (faculty member on sabbatical leave), 2022-2023.
- Research Methods and Ethics (second year Public Health Masters' required course), School of Graduate Studies, The University of Jordan, 2020 – 2021, 2021 – 2022, and 2023 – 2024.
- Quantitative Research Methods (first year Masters' Nursing students), School of Graduate Studies, The University of Jordan (2018- 2024).
- Community Medicine (second year, BSc. Medical students required course), School of Medicine, The University of Jordan (2018 – 2024).
- Biostatistics and Epidemiology (second year, BSc. Medical students required course), School of Medicine, The University of Jordan (2017 – 2023).
- Public Health and Epidemiology (third year, BSc. Dental students required course), School of Dentistry, The University of Jordan (2017 – 2023).
- Community Health Nursing-Clinical (fourth year, BSc. Nursing students required course), School of Nursing, The University of Jordan (2016-2024).
- Informatics in Nursing (fourth year, BSc. Nursing students required course), School of Nursing, The University of Jordan (2017-2025).
- Health Education & Promotion (third year, BSc. Nursing students required course), School of Nursing, The University of Jordan (2017-2020).
- Trends, Ethics, and Issues in Nursing (fourth year, BSc. Nursing students required course), School of Nursing, The University of Jordan (2016-2018).
- Health Culture (all majors BSc. students, university elective) The University of Jordan (2017- 2020).
- Occupational Health and Ergonomics (fourth year BSc. Safety Engineering students required course) Prince Hussein Bin Abdullah II School for Civil Protection, Balqa' Applied University (visiting faculty, winter 2017).

Graduate Students Supervised

Hamza Bani Mousa; Master's in Public Health. Graduated 2019.

Thesis Title: Cancer Risk Factor among Jordanian University Students: A Descriptive Study

Ruba Abu-Sa'ada; Master's in Public Health. Graduated 2019.

Thesis Title: Health-Related Quality of Life in Jordanian Breast Cancer Surviving Women: A Descriptive Study

Amal Bani Odeh; Master's in Public Health. Graduated 2020.

Thesis Title: Gestational Weight Gain and Its Impact on Birth Weight and Type of Delivery: A Descriptive Study

Hiba Oqba; Master's in Public Health. Graduated 2021.

Thesis Title: Environmental Determinants of Mentally Ill Patients' Emergency Admissions to Jordanian Psychiatric Health Facilities

Bayan Labib; Master's in Public Health. Graduated 2021.

Thesis Title: Work-related Musculoskeletal Problems and Their Demographic, Physical and Psychosocial Predictors among Jordanian Dentists.

Nermeen M. Abu Abaileh; Master's in Public Health. Graduated 2021.

Thesis Title: Socio-Demographic Factors and PTSD, Anxiety, and Depression Symptom Change among Adult Traumatized Refugees, Including Torture Victims after Receiving Mental Health Care Services in Jordan.

Sarah Sallam; Master's in Public Health. Graduates in 2022.

Thesis Title: Knowledge, Attitudes, and Practices regarding Family Planning Services among Palestinian Refugee Women in Jordan's Camps.

Waed Ibrahim; Master's in Public Health. Graduates in 2024.

Thesis Title: Alarm Fatigue and Its Association with Professional Quality of Life Among Nursing Staff in Intensive Care Settings in Jordan

Professional Activities

Positions Held

- Vice Dean for Academic and Administrative Affairs, School of Nursing, The University of Jordan, 2023-2024.
- Dean of Student Affairs, Aqaba Medical Sciences University, 2022-2023.
- Head, Development & Capacity Building Department, Open Educational Resources and Blended Learning Center, The University of Jordan, 2021-2022.
- Associate Professor, Community Health Nursing Department, School of Nursing, The University of Jordan, June 2021-current.
- Head, Accreditation and Ranking Department, Accreditation and Quality Assurance Center, The University of Jordan 2020-2021.
- Assistant Dean for Quality Affairs, School of Nursing, The University of Jordan, September 2019-September 2020.
- Certified Statistician, Deanship of Scientific Research, The University of Jordan 2018-current.
- Assistant Professor, Community Health Nursing Department, School of Nursing, The University of Jordan, June 2016-2021.
- Teaching Resident, University of California San Francisco (UCSF), Department of Global Health Sciences. (Spring 2016).
- Educational Technologist, UCSF, School of Nursing (2014-2016).
- President, Muslim Community Association at UCSF, A Recognized Student Organization (2014-2016).
- Teaching Assistant, University of California San Francisco (UCSF), School of Nursing. (2012-2016).
- Teaching Assistant, University of California San Francisco (UCSF), School of Pharmacy. (Winter 2013).
- Research Assistant, University of California San Francisco (UCSF), Dean's Office & Department of Community Health Systems. (2012-2013).
- Teaching assistant at University of Jordan – School of Nursing, Community Health Nursing Department (2009 - 2011).
- Registered Nurse, King Hussein Cancer Center - Amman (JCIA-Accredited), Bone Marrow Transplantation Unit (2008 – 2009).

Consultations

- National Consultant (WHO-Jordan + NCFA), Mapping Parenting Programs and Services in Jordan, 2024.
- National Consultant (WHO-Jordan), Strengthening Grandparents' Role in Parenting in Jordan, 2024.
- National Consultant (UNICEF-Jordan), Landscaping Community Health Services in Jordan, 2024.
- Basic Training Consultant & National Consultant, Ministry of Health and GIZ International, Nursing Labor Market Management Project, Amman, Jordan, 2022-2023.
- Research Consultant, Jordanian General Directorate of Jordan Civil Defense & Expertise France. Project Strengthening Civil Protection Capacities in Jordan, Mafraq, Jordan, 2021.
- Consultant, Jordanian Ministry of Health and German Coordination Agency (GIZ), Psychosocial Support for MoH Nurses Training Course Project. Amman 2019.
- Research Consultant, National Child Death Review Project in Jordan. Jordan's National Council for Family Affairs (NCFA, 2018-2019).
- Consultant, Jordan's Youth Strategy – Health Sector 2017-2022 (UNFPA & Jordan's Ministry of Youth, 2017).
- Research Consultant, Refugee Families in Jordan: A Desk Review. Jordan's National Council for Family Affairs (NCFA, 2017).

Conferences

- Key Note Speaker: The First International Conference of Nurses in Georgia: Health & Personal Services, Safety & Quality, Tbilisi, Georgia 2024.
- Key Note Speaker:
- Participant, Public Health Conference: COVID-19 Response, organized by Maarefah Management, Abu Dhabi, Feb 25-27, 2021
- Participant, International Forum for Therapeutic Tourism and Health travel, IHTF 2019, Amman, Jordan.
- Moderator, The Palliative Care Association's Scientific Conference (My Care, My Right, 2019), in partnership with Sigma International Nursing Organization, Amman, Jordan.
- Moderator, Perceived Reproductive Health Needs among Syrian Refugees: Research Results Announcement Conference 2019, Columbia Global Center, Amman, Jordan.
- Session Chair, Perceived Reproductive Health Needs among Syrian Refugees: Research Results Announcement Conference 2018, Columbia Global Center, Amman, Jordan.
- Presenter, Third International Conference of the Jordanian Palliative Care Society (End-of-Life Issues, 2019), The Specialty Hospital, Amman Jordan.
- Participant, Eighth International Nursing Forum, The Jordan University of Science and Technology (Innovative Avenues, 2018), Irbid, Jordan.
- Participant, First Regional Conference, International Council of Nursing, The

Middle East Chapter 2018, Abu Dhabi, UAE.

- Panelist, First Regional Symposium on Psychosocial Support in Academia, German Cooperation Agency, GIZ, 2018), Dead Sea, Jordan
- Presenter, Second International Conference on Sociopolitical Response to the Refugee Crisis (CRISIS, 2018), Hacettepe University, Ankara, Turkey.
- Moderator, Psychosocial Support In-Service Training Validation Workshop, (GIZ, 2018), Amman, Jordan.
- Participant, International Conference on Syrian Refugee Crisis Response (Yarmouk Center for refugee Studies, 2018), Amman, Jordan
- Presenter, Syrian Refugee Family Survey, Research Results Announcement Conference, National Council for Family Affairs (NCFA, 2017), Amman, Jordan.
- Moderator, Sexual/Reproductive Health Topics Involvement in University Curricula Conference (Sharenet International, 2017), Amman, Jordan.
- Presenter, First International Conference on Sociopolitical Response to the Refugee Crisis (CRISIS, 2017), Hacettepe University, Ankara, Turkey.
- Participant, Second International Conference of Palliative Care Society (Spiritual Care, 2016), Amman, Jordan.
- Panelist, 'Global is Local' inaugural event and network celebration, UCSF School of Nursing Center for Global Health, San Francisco, CA (January 2016).
- Steering Committee Member for the Global Partnership in Nursing Forum, University of Jordan, Amman (April 2011).
- Presenter, UCSF ePoster palooza, Spring 2015. The health of Palestinian refugees in Jordan's camps: a literature review. San Francisco, CA.

Other Activities

- Creator and Principal Researcher of Refugee Health Studies Research Group:
<https://research.ju.edu.jo/research/groups/RHS/Home.aspx>
- Faculty, Primary Healthcare Professional Diploma (Jordan Nursing Counsel + UNRWA), 2023-2024.
- Member, Accreditation Committee, Jordanian Nursing Council, Amman, Jordan 2021-current.
- Member, The University of Jordan's Council, 2021-2022.
- Member, The School of Nursing Council, The University of Jordan, 2020-2021.
- Chair, Leadership Committee, Sigma International, Psi Kappa Chapter, Amman, Jordan, since 2018.
- Member, Board of Directors, Sigma International, Psi Kappa Chapter, Amman, Jordan, since 2018.
- Exchange Study Tour Member, representing the University of Jordan, German Cooperation Agency, Berlin + Frankfurt, Germany (November 2019).
- Chair, Quality Assurance Committee, The University of Jordan, School of Nursing, since 2019.
- Chair, Faculty Performance Enhancement Committee, The University of Jordan, School of Nursing, since 2019.
- Chair, Graduate Follow-up Committee, The University of Jordan, School of

Nursing, since 2019.

- Chair, Community Health Nursing Committee, National Nursing Licensure Exam, Jordanian Nursing Council (JNC), since 2018.
- Member of the National Committee for Nursing Licensure Exam Supervisory Committee, Jordanian Nursing Council (JNC), 2018-2020.
- Teaching staff coordinator: University of Jordan and German International Aid Agency (GIZ), In-service Course on Community-based Psychosocial Support of Syrian Refugees in Jordan. Summer 2018 & Summer 2019.
- Lecturer on Refugee Health: University of Jordan and German International Aid Agency (GIZ), In-service Course on Community-based Psychosocial Support of Syrian Refugees in Jordan. Summer 2018 & Summer 2019
- Accreditation and Quality Affairs Liaison Person, The University of Jordan, School of Nursing, 2016-2019.
- Nursing doctoral program students' representative, Global Nursing Forum, UCSF, School of Nursing (2014-2016).
- Tutor, Biostatistics, UCSF, School of Nursing, the Dean's Office (Academic Year 2014-2015).
- Founder Committee Member for Jordan Database Nursing Research website <http://jdnr.ju.edu.jo>, University of Jordan, Amman (2010).

Memberships

- Jordanian Palliative Care and Pain Management association, since 2018
- Sigma International, Psi Kappa Chapter, Amman, Jordan, since 2017
- Sigma International, Alpha Eta Chapter, San Francisco, CA, since 2015
- Jordanian Nurses and Midwives Council (JNMC) since 2008

Professional Identifiers

University of Jordan; Academic Website: <http://eacademic.ju.edu.jo/H.Alduraidi>

Research Gate: https://www.researchgate.net/profile/Hamza_Alduraidi

Google Scholar: <https://scholar.google.com/citations?user=hlTxzlMAAAAJ&hl=en>

Scopus: <https://www.scopus.com/authid/detail.uri?authorId=57194536970>

Publons: <https://publons.com/researcher/3089761/hamza-alduraidi/>

ORCID: <http://orcid.org/0000-0003-1762-0575>

National Database of Jordanian Researchers: <http://resn.hcst.gov.jo/12334>

Languages

- Arabic: Native
- English: Fluent (reading, writing, speaking, conversation).

Software Skills

- IBM's SPSS Data Analysis.
- Microsoft Office Programs.
- Electronic Learning Platforms (Moodle, Coursera, Blackboard, Google Classroom, MS Teams).
- MOOC's.
- Microsoft Video editing programs.